

# 臺北市立大學

## 學生出國研修心得報告

獲補助年度：110

研修領域：Education

系所、年級：教育學系二A

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研修國家：美國 USA

研修學校(中英文)：喬治亞學院與州立大學  
Georgia College & State University

研修時間：中華民國 112 年 1 月 6 日至 112 年 5 月 5 日

國外研修成績：GPA 3.75

短片時間及標題：美國交換之旅 6:44

中華民國 112 年 6 月 1 日

# 目 錄

壹、緣起 .....	1
貳、研修學校簡介 .....	1
參、國外研修之課程學習(課內) .....	1
肆、國外研修之生活學習(課外) .....	2
伍、研修之具體效益(請條列式列舉).....	4
陸、感想與建議(含 3 分鐘短片連結).....	5

## 壹、緣起

Going to America as an exchange student was a brave decision for me. I thought it is too young to go to a foreign country by myself at that time, and especially my English ability was not good enough to live in America and communicate with native speakers. However, in order to keep up with the continuity of the courses in the University of Taipei, I still chose to go abroad when I was 19 years old.

In the beginning, the first thing to bear the brunt was a lot of English documents and forms which I need to fill up and read. Especially the visa application took me a lot of time. In the process of searching for information and applying for the visa, I encountered a lot of trouble. What flustered me the most was that a few days before I applied for the visa, I found my name on DS2019 was typed wrongly. Fortunately, the trouble was solved smoothly after a series of communication, and I also successfully passed the J-1 visa interview.

## 貳、研修學校簡介

Georgia College & State University is a public liberal arts university which is located in Milledgeville, Georgia. There are around 7000 students in this school. Compared to other universities in the USA, such as Georgia Tech, it is not a really big college. It also means the class size is small, and students can have a good interaction with the professor. Georgia college is helping students discover what truly drives their spirit and learn how to develop their talents to make a difference in the world. There are also many school activities for students in Georgia College, including clubs, sports, volunteer opportunities and more. You will learn a lot of knowledge and make many memorable experienced throughout your college life in GCSU.

## 參、國外研修之課程學習(課內)

1. **EDUC 2110** Invest Crit Cont Issues in Ed
2. **ENGL 1101** English Composition I
3. **ESLG 1001** Intro to Am Lang and Culture
4. **MATH 1001** Quantitative Skills & Reason

I didn't choose very difficult courses to study this semester, because I know need to spend a lot of time adapting to the new environment and language. In EDUC 2110, I have a chance to go to primary school to observe how the teacher teach in America. If you are majoring in Education, I think it is a very good course for you to choose. You can not only learn about the education issue in America but also go to primary school to observe. The professor is really nice and try to use different and interesting methods to teach us instead of just sitting on the chair to listen what the teacher talking about. For example, I used chalk on the road outside the classroom to draw cartoons on educational issues with my classmates. That is a very new and interesting experience for me.

## 肆、國外研修之生活學習(課外)

### **Food:**

#### • **Meal plan**

You can use your meal plan in the Max which is a student cafeteria. I bought 25 blocks for one semester. Of course, it is not enough, but you can buy another one after you finish it. You can also use your catcash to buy a meal at the counter. It will cost you \$8.55 for breakfast, and around \$10 for lunch and dinner if you buy it from the counter. I totally ate 65 meals in the Max this semester. There are also many options for you to choose for your meal plan, it depends on you.

#### • **Downtown**

Downtown is near the school, there are some good restaurants you can try.

#### • **Around Milledgeville mall**

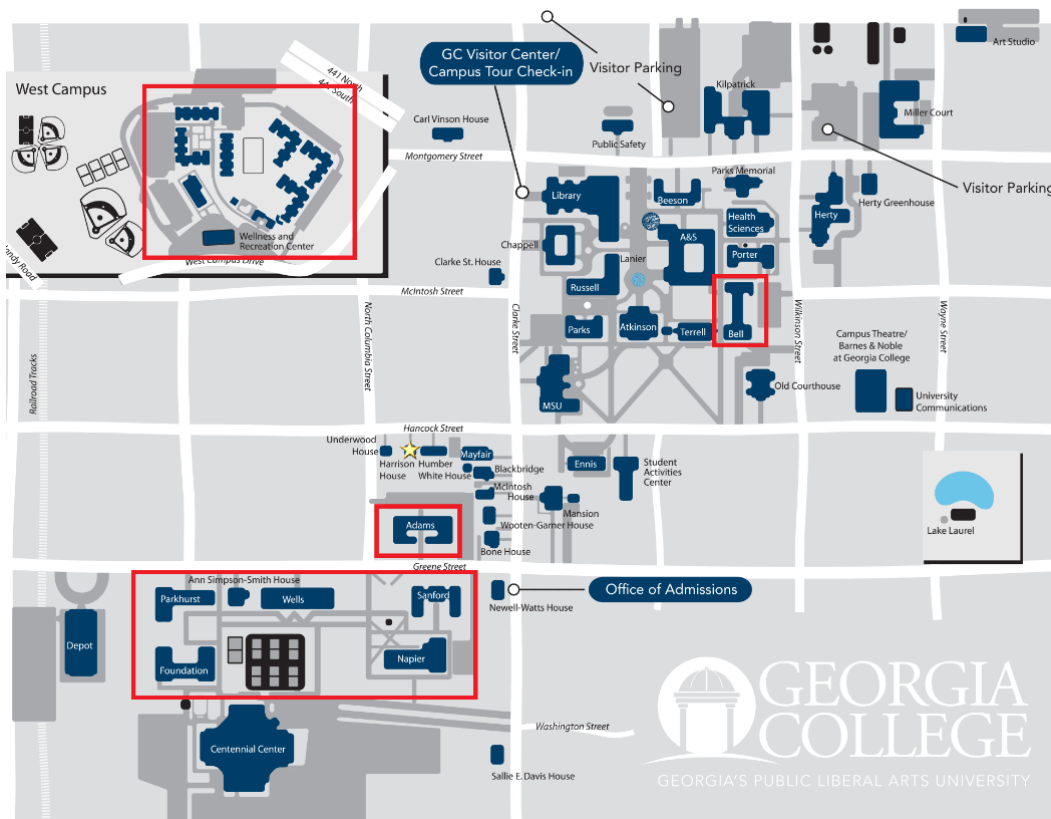
There are many restaurants around Milledgeville mall. If you are tired of eating the Max food, you can take a shuttle bus to there and find something good to eat on google maps. For example, Chipotle and Taco Bell is very delicious Mexican food restaurant. Kai Thai is also good.

#### • **Cook by yourself**

All of the dorms have a kitchen. You can buy some food from Walmart and cook by yourself.

### **Dorms:**

There are many dorms for you to choose in Georgia College, it depends on your needs and priorities. The price of each option is different. The sections circled by the red square are the dorms that you can apply for. From Adams to the main campus where students usually have class, you need to walk around 7 minutes. Georgia College also has shuttle bus for students to go to the main campus, so you don't need to walk every time. Before you go to Georgia college, you will receive an email from International Office, and then you can follow the instruction to choose which dorm you like.



• **Main campus dorms:**

If you like to participate in many school activities and do not want to walk very far away to the classroom, Bell Hall is the best choice for you. Bell hall has many interesting people and activities, and it is the most active residence hall in Georgia college. I truly recommend exchange students to live in Bell Hall. The basement and internet lounge is the best place for you to make friends. If you don't live in Bell, you must need a friend who live in Bell Hall, and you can make and meet many friendly people and friends.

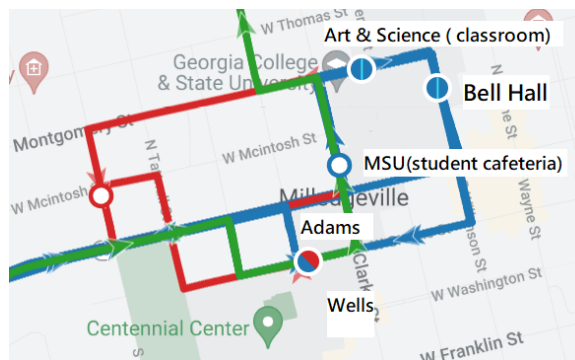
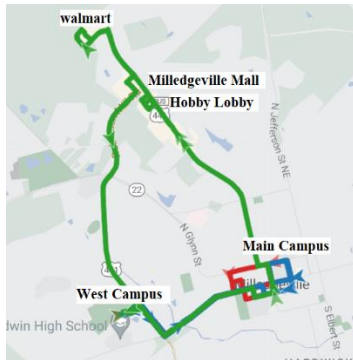
All dorms on the main campus have single and double room for you to choose. You will have at least one suitemate with you to share the bathroom. If you want to do your laundry, they also have a laundry room in the dorms. It costs \$1.25 to wash clothes, and \$0.5 to dry clothes for 30 minutes. They don't have space for you to hang out your laundry. In addition, they don't have public fridge, you'll be very lucky if your roommate has a fridge. You can also borrow it from the school website or buy a small one from Walmart. On the first day, the international office will take you to Walmart to buy some daily necessities. After that day, you can also take the school shuttle to Walmart to buy everything you need by yourself.

### • West village:

West village is located on the West campus. If you do not have car, it is very difficult for you to walk to there. (no one will do that) The only way you can go there is take the school shuttle or ask someone give you a drive. If you cannot catch the shuttle, it will be very inconvenient.

West village is very different from the main campus dorm. They have a kitchen, fridge and microwave in their room. I think it is less like a college dorm, and more like a family home. I think the west village has the best living quality among all the dorms, but it is too far away from the classroom.

### School Shuttle:



The school shuttle has 3 routes, respectively west campus (blue), late night (red) and shopping line (green). The bus stops and time schedule of each routes are different. For details, you can refer to the following website:

[Shuttle Service | Georgia College & State University \(gcsu.edu\)](http://Shuttle Service | Georgia College & State University (gcsu.edu))

### Travel:

The nearest airport to the school is in Atlanta. You need to drive 2 hours to get there. There is no public transportation in Milledgeville, so you need to ask your friends for drive. You can take an airplane and travel to another state during spring break and holiday. It is easy to travel to another state in the USA, but it is better for you to go with your friends.

## 伍、 研修之具體效益

1. Increase my self-confidence
2. Break the stereotypes about foreign countries and the United States
3. Learning more about American culture and people
4. Making many friends from different countries

5. Experiencing different types of teaching methods and school life
6. Travel around different states in the USA and try to plan a trip with my friends by ourselves
7. Improve my English skills, especially in speaking and writing
8. Broaden my horizon and have more smile on my face
9. Try to communicate and talk with strangers and different people
10. Learning many different languages from other exchange students, such as Korean and Cantonese

## 陸、感想與建議(含 3 分鐘短片連結)

Going to America as an exchange student is an unexpected experience for me. From the panic in the beginning to the calmness, I have grown a lot. I will never forget those days at Georgia College where I took classes with my friends, ate in the Max, cook in Bell and West village, and study in the building next to Bell. Although there is not much entertainment around Georgia College, it is such an ordinary day that makes me very happy and unforgettable.

In Georgia College, I met many friendly people. Although I am not good at English, they still listened patiently to what I wanted to say. Everyone I met in Georgia College has influenced me a lot. They let me know don't be afraid to share yourself, if you do not say anything, no one will know what you are thinking about. People want to know what you are thinking about rather than someone to explain what you mean. Just say everything you want and say it with confidence!

During this journey, there are too many people to thank, and there are also a lot of memories that cannot be expressed in words. I am very grateful to my parents who encouraged me to go abroad for exchange and gave me this opportunity to see a different world. In addition, I am very thankful for myself. No matter what reason or mood you took to apply for the exchange program at that time, all of this is very rewarding.

### • **Suggestions for those who apply for the exchange program:**

I would highly recommend you keep a diary. There are many small things that you thought they are not really important. Maybe you feel nothing at the moment, but when you go back to Taiwan, you will miss everything a lot. They will become unforgettable memories for you, even more than you travel to other states.

### • **Video link: <https://youtu.be/qERlsONiYu8>**

**具代表性出國交換照片說明(4張)**



**International club activity 2023.02.02**

**We went to Lake Country Lanes in Milledgeville to play bowling and take a picture with all members.**



**Beautiful scenery in Georgia college where I stay and study for one semester. You can see pretty sunrise and sunset every day.**





**The classroom in Georgia College (Art & Science building)**  
**The equipment and environment are really good.**



**Farewell Dinner**  
**The last international club event in this semester.**

Contact information: [U11001021@go.utapei.edu.tw](mailto:U11001021@go.utapei.edu.tw)

If you have any questions, feel free to email me!