

交換學期 108-1 運動科學研究所碩士班三年級 陳鵬文

Time flies, a short but unforgettable journey as an Erasmus student has been ended.

A great honor to have the opportunity to study aboard at the University of Foro Italico, which is a famous sports university in Rome.

Although I only took the first 2 modules in the short 6 weeks, the lectures given by professors from different areas of sports were impressive and inspiring to me.

These intensive classes combining science and practical application make me figure out how to translate from complicated scientific evidence to real-life practice.

Furthermore, it is also a nice chance to gain more international knowledge and experience by learning and discussing with classmates from different European countries.

Last but not least, it also helps me build strong and priceless friendships with people from different backgrounds and cultures.

It goes without saying that this learning trip as an Erasmus student makes me realize more about future blueprints and my true passion.

I am really grateful for this wonderful experience and enjoy the time in Rome.

I definitely would recommend the younger generation to hold this valuable opportunity if there will be a new chance to be an Erasmus student.











