

臺北市立大學

學生出國研修心得報告

獲補助年度：109 學年度

研修領域：物理系

系所、年級：應用物理暨化學系四年級

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研修國家：美國

研修學校(中英文)：中央阿肯色大學

University of Central Arkansas

研修時間：中華民國 111 年 8 月 14 日至 112 年 5 月 28 日

國外研修成績：GPA 3.22

短片時間及標題：13 分 44 秒

A Day in My Life as an Exchange Student at University of Central
Arkansas 【VLOG】

中華民國 112 年 6 月 4 日

***(非亞洲地區交換同學請以英文撰寫報告)**

目 錄

壹、緣起	1
貳、研修學校簡介	1
參、國外研修之課程學習(課內).....	1
肆、國外研修之生活學習(課外).....	2
伍、研修之具體效益(請條列式列舉).....	2
陸、感想與建議(含 3 分鐘短片連結).....	3

壹、緣起

I always wanted to study abroad when I was younger. However, due to the economic situation of my family, my parents cannot afford heavy tuition. After I entered the University of Taipei, I found out there is a program called exchange student. Luckily, as an exchange student, all I need to pay is the tuition here, which is much cheaper. Thanks to the scholarship provided by the Ministry of Education. I got the chance to navigate this beautiful world, and talk in English with native speakers

貳、研修學校簡介

University of Central Arkansas, known as UCA, is a public university in Conway, Arkansas. Founded in 1907 as Arkansas State Normal School, UCA is one of the oldest in Arkansas. It has about 12,000 graduate and undergraduate students. The university comprises five colleges and five residential colleges and one commuter college. The university maintains a student-to-faculty ratio of approximately 17 to 1. Over 150 undergraduate, graduate, and professional programs are offered at the university. UCA occupies over 120 buildings within its 356 acres, 1.44 km square.

參、國外研修之課程學習(課內)

I had been there for two semesters from Fall 2022 to Spring 2023. I studied general Physics and Engineering classes (Introduction to Engineering, Introduction to Cybersecurity, Descriptive Astronomy and Quantum Theory 1) at the first semester and practiced English at the same time. I studied Senior Engineering classes (Signals and Systems, Microcontrollers) and took different classes (World Literature I, Intro to College Writing and Beginning Golf).

肆、 國外研修之生活學習(課外)

The tuition for the fall semester is \$4,385 and spring semester is \$4,056, including accommodation fee, meal plan, and insurance. There are lots of events held by school club or Greek life. For example, welcome week or Christmas night. Besides the school events, IFO Conway held a lot of activities for international students. We went mountain hiking, and some parties during the weekend or school breaks. I joined conversation club, and we had dinner every Tuesday, using English to talk to each other. One of my friends holds Game Night at his house every Thursday. We hang out with both old friends and new. It was fun, and I enjoyed it very much.

伍、 研修之具體效益

1. I have learned basic Engineering, Physics and Astronomy concepts.
2. I have learned senior Engineering skills: microcontrollers, signals and systems processing.
3. I have learned programming languages: Python, C++.
4. I have learned and used Raspberry Pi for signal processing.
5. Improving English-speaking and English-listening ability, being able to talk to native English speaker fluently.
6. Improving English-writing and English-reading ability.
- 7.
8. I have learned how to deal with interpersonal relationship with both Americans and International students and professors.
9. I have learned some of world literature and history.
10. Learning how to play golf and the rules of golf games.

陸、感想與建議(含 3 分鐘短片連結)

Being selected as an exchange student to exchange at the University of Central Arkansas (UCA) was an incredible opportunity that I will cherish forever. From the moment I arrived on campus, I felt a sense of warmth and belonging. UCA provided a nurturing and supportive environment that allowed me to grow both academically and personally.

Academically, UCA offered a wide range of courses and programs that catered to various interests. As an exchange student, I had the flexibility to explore subjects outside my major(physics) and expand my knowledge in different areas. The professors were not only knowledgeable but also approachable and passionate about their fields. They encouraged active participation and created engaging classroom discussions. The small class sizes allowed for personalized attention, fostering a collaborative learning environment. The university also provided excellent support services for international students. The UCA Center for Global Learning and Engagement was always there to assist with any questions or concerns I had. They organized orientation sessions to familiarize us with the campus and the resources available to us. The staff members were friendly and went above and beyond to ensure that we felt comfortable and welcomed. They also organized cultural events and activities that allowed us to share our own cultures and learn about American traditions.

Outside of the classroom, UCA offered a vibrant and active campus life. There were numerous student organizations and clubs to join, catering to a wide range of interests. I had the opportunity to meet students from various backgrounds and build lifelong friendships. The campus also hosted exciting events and performances throughout the year, enriching my overall experience. Living in Conway, Arkansas, was a unique and enriching experience. The city had a friendly and close-knit community, and I quickly felt like a part of it. The locals were welcoming and embraced the presence of international students. I had the chance to explore the natural beauty of Arkansas, from hiking trails to lakeside picnics.

Overall, my experience as an exchange student at the University of Central Arkansas was transformative. The academic opportunities, supportive environment, and the warmth of the community made it an unforgettable experience. I am grateful for the friendships I made, the knowledge I gained, and the personal growth I experienced during my time at UCA. It has truly broadened my horizons and prepared me for future endeavors.

Link: <https://www.youtube.com/watch?v=cE8lUX0xIBc>

具代表性出國交換照片說明(4張)



圖 1: Me and UCA

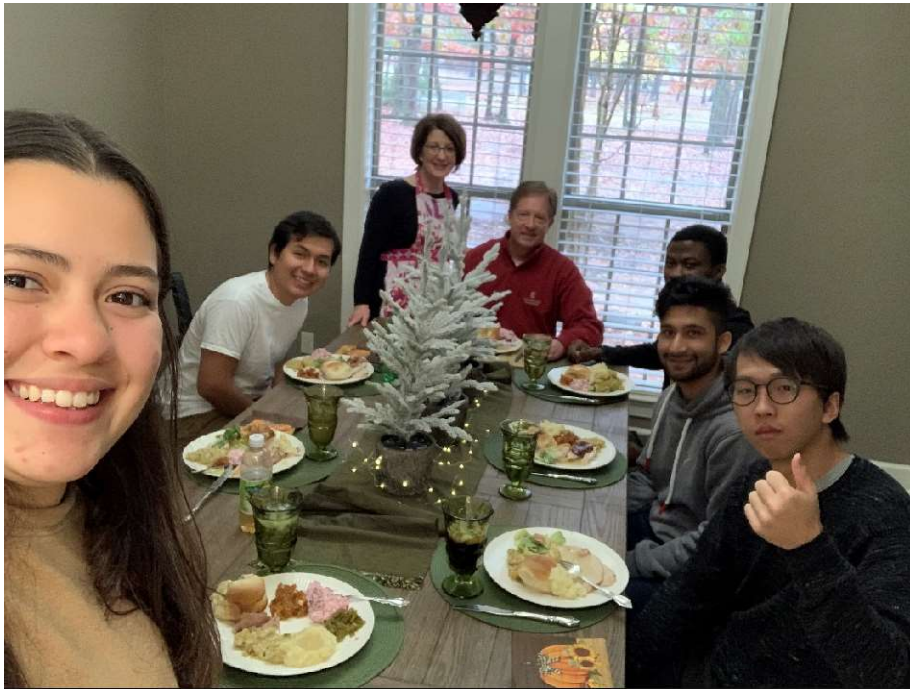


圖 2:Thanksgiving Dinner



圖 3:Me and my volleyball team



圖 4:Go to Hunted House at Halloween

*格式依需求可自行調整